

Physical Agility Test Information

Applicants will be required to wear a supplied SCBA and helmet on all drills listed below with the exception of the one mile run. Candidates are encouraged to bring a good pair of work gloves to wear but they are not required. Items 1 through 12 shall be completed in sequence. Applicants will be allowed no more than 15 minutes to complete items 1 through 12. A rest period of a minimum of 10 minutes will be given before the mile run.

1. **100 foot Aerial Ladder Climb.** Applicants will climb the 100' aerial with a helmet and supplied SCBA on and return to ground level. Applicants must place their hand on the top rung before returning to ground.
2. **Raise And Extend 24 Foot Ladder.** Applicant will be required to raise a 24' extension ladder that is heeled and extend to a 16 foot platform.
4. **Climb And Carry.** Carry one dry section of 3" hose up a twenty four foot ladder on a second level story.
5. **Hose Hoist Haul.** Using a rope the candidate shall raise a 50' section of hose up one floor using a hand over hand method. The candidate shall lower the same hose back to the ground in a controlled manner.
6. **Sheet Rock Pull Station.** Using a short pike pole candidates will pull down and push up the prop 20 times each with 50lbs of weight loaded.
7. **Maze.** Candidates will crawl through and negotiate the SCBA Maze successfully.
8. **Stacking Rolled Hose:** Move and stack 10 sections of 3" hose from a table to the ground and back to the table.
9. **Hose And Adapters:** Candidates will connect a 3" hose to a hose to a 1 ¾ line using various adaptors.
10. **Hammer Work:** Candidate will strike a piece of wood 20 times with a large sledge hammer. 10 strokes left handed and 10 strokes right handed.
11. **Person Rescue:** Drag or carry a 165 # mannequin for a distance of 75 feet. A 180 degree turn will be located at the half way point. The candidate shall drag the mannequin around the drum without disturbing it.
12. **150' Hose Drag:** Drag 150' section of charged 2 ½ " hose. The nozzle will be moved 100'.
13. **Rehab:** Candidates will get a 10 minute rest.
14. **Mile Run:** Candidates will run a distance of 1 mile not to exceed 13 minutes. Shorts, t-shirts and tennis shoes.